

### American Fork Grass Relays Results

August 26<sup>th</sup>, 2006

American Fork High School

American Fork, Utah

8:00 AM -68°, 11:30 AM - 80°, Sunny

1 mile grass loop course. Elev. 5620-5675 ft.

4 hay jumps: single hay jump at 400m, double hay jump at 800m, triple hay jump at 1200m, the "Gauntlet of 55 hay bales at 1450 m.

J.V. Races are 2 miles. Varsity relays are 5X2 miles.

### Girls Varsity Individual Award Winners:

|                     |                |       |
|---------------------|----------------|-------|
| 1.Candace Eddy      | Davis          | 12:06 |
| 2.Natalie Haws      | Davis          | 12:16 |
| 3.Kacee Hildebrandt | Lone Peak      | 12:23 |
| 4.Lindsey Baker     | Judge Memorial | 12:23 |
| 5.Brooke Hodson     | Timpanogos     | 12:23 |
| 6.Kaylee Collins    | Wasatch        | 12:33 |
| 7.Sam McMillan      | Judge Memorial | 12:34 |
| 8.Hailey Knettles   | Judge Memorial | 12:37 |
| 9.Chelsea Loss      | Spanish Fork   | 12:38 |
| 10.Suzie Sorenson   | Timpanogos     | 12:39 |
| 11.Kirsten Sly      | Spanish Fork   | 12:52 |
| 12.Lauren Spence    | East           | 12:53 |
| 13.Jessie Chugg     | Fremont        | 12:58 |
| 14.Julie McMahan    | Park City      | 13:03 |
| 15.Amelia Troutner  | Timpview       | 13:07 |

### Girls Varsity Relays Results:

|                  |           |
|------------------|-----------|
| 1. Davis         | 1:05:52.0 |
| Natalie Haws     | 12.16     |
| Jami Dixon       | 13.33     |
| Hollie King      | 13.43     |
| Megan Waddoups   | 14.14     |
| Candace Eddy     | 12.06     |
| 2.Timpanogos     | 1:05:52.6 |
| S.Sorenson       | 12.39     |
| K.Bringhurst     | 13.37     |
| H.Groom          | 13.26     |
| T.Hawkins        | 13.47     |
| B.Hodson         | 12.23     |
| 3.Spanish Fork   | 1:06:27   |
| C.Loss           | 12.38     |
| S.Ponis          | 13.30     |
| C.Stone          | 14.05     |
| S.Minson         | 13.22     |
| K.Sly            | 12.52     |
| 4.Timpview       | 1:06:48   |
| A.Troutner       | 13.07     |
| S.Jensen         | 13.22     |
| A.Ellertson      | 13.37     |
| J.Johnson        | 13.28     |
| S.Peavler        | 13.14     |
| 5.Park City      | 1:07:43   |
| J.McMahon        | 13.03     |
| E.Guiney         | 13.35     |
| L.Gideon         | 14.00     |
| J.Christains     | 13.48     |
| R.Brennan        | 13.17     |
| 6.Judge Memorial | 1:07:50   |
| H.Knettles       | 12.37     |
| L.Hindert        | 15.24     |
| L.Baker          | 12.23     |

|                   |         |
|-------------------|---------|
| J.Sliwinski       | 14.52   |
| S.McMillan        | 13.34   |
| 7.Provo           | 1:08:41 |
| C.Furner          | 13.43   |
| S.Blackburn       | 13.36   |
| K.Chipman         | 14.06   |
| R.Porter          | 13.59   |
| J.Blackburn       | 13.17   |
| 8.American Fork   | 1:09:05 |
| A.Sommers         | 13.17   |
| G.Thomas          | 13.46   |
| A.Laws            | 13.52   |
| L.Grimes          | 13.59   |
| D.West            | 14.11   |
| 9. Fremont        | 1:09:32 |
| J.Bodily          | 13.30   |
| J.Kemp            | 15.13   |
| C.Chugg           | 13.57   |
| J.Chugg           | 12.58   |
| H.Krebs           | 13.54   |
| 10.Copper Hills   | 1:10:15 |
| J.Zamudio         | 13.35   |
| M.Greyer          | 14.29   |
| J.Turner          | 13.55   |
| H.Price           | 14.39   |
| R.Barnes          | 13.37   |
| 11.East           | 1:10:18 |
| A.Stephens        | 13.43   |
| M.Stephens        | 15.32   |
| M.Anderson        | 14.41   |
| B.Cobler          | 13.29   |
| L.Spence          | 12.53   |
| 12.Riverton       | 1:11:17 |
| M.Inama           | 14.29   |
| D.Perucci         | 15.14   |
| K.Oman            | 13.51   |
| A.Wahlin          | 14.11   |
| A.Sheffer         | 13.32   |
| 13.Wasatch        | 1:13:25 |
| K.Collins         | 12.33   |
| T.Blomquist       | 17.38   |
| M.Adams           | 15.21   |
| M.Wade            | 14.41   |
| M.Olpin           | 13.12   |
| 14.Springville    | 1:13:26 |
| A.Huffaker        | 13.50   |
| A.Shertz          | 15.05   |
| S.Johnson         | 15.39   |
| R.Alley           | 15.02   |
| S.Christensen     | 13.50   |
| 15.Pleasant Grove | 1:13:49 |
| J.Baird           | 13.48   |
| J.Harmon          | 14.27   |
| L.Cook            | 15.12   |
| H.Eldredge        | 15.51   |
| M.Shelton         | 14.37   |
| 16.Tooele         | 1:15:28 |
| R.Adams           | 14.23   |
| T.Caldwell        | 15.47   |

|                                                                                                        |         |                      |      |       |
|--------------------------------------------------------------------------------------------------------|---------|----------------------|------|-------|
| A.Farley                                                                                               | 15.27   | 34.B.Studebaker      | RHS  | 14.28 |
| K.Beckstead                                                                                            | 15.50   | 35.D.Manuele         | Pro  | 14.29 |
| M.Palmer                                                                                               | 14.01   | 36.T.Olson           | Skyl | 14.30 |
| 17.Lone Peak                                                                                           | 1:16:38 | 37.R.Thorpe          | AF   | 14.31 |
| K.Hildebrant                                                                                           | 12.23   | 38.B.Davis           | Skyl | 14.31 |
| C.Barney                                                                                               | 15.28   | 39.T.Berhow          | Skyl | 14.32 |
| T.Kinghorn                                                                                             | 17.28   | 40.C.Rawlins         | CH   | 14.32 |
| H.Hunsaker                                                                                             | 16.26   | 41.T.Bingham         | JHS  | 14.33 |
| C.Simmons                                                                                              | 14.53   | 42.F.Simonson        | TV   | 14.34 |
| 18.Woods Cross                                                                                         | 1:16:44 | 43.A.Andrus          | Pro  | 14.35 |
| S.Edwards                                                                                              | 13.32   | 44.E.Hansen          | Dav  | 14.35 |
| J.Wilkinson                                                                                            | 14.53   | 45.C.Weller          | SSHS | 14.35 |
| M.Oswald                                                                                               | 15.20   | 46.S.Hansen          | ALA  | 14.38 |
| M.Edminster                                                                                            | 16.03   | 47.L.Grimes          | AF   | 14.41 |
| A.Snow                                                                                                 | 16.56   | 48.M.Ferguson        | Tayl | 14.42 |
| 19.Uintah                                                                                              | 1:21:10 | 49.K.Knoche          | PG   | 14.43 |
| A.Jones                                                                                                | 16.14   | 50.H.Brooke          | PC   | 14.46 |
| S.McPhie                                                                                               | 17.08   | 51.A.Johansen        | TV   | 14.47 |
| M.McKee                                                                                                | 15.00   | 52.E.Martinez        | AF   | 14.48 |
| H.Abplanalp                                                                                            | 17.23   | 53.T.Oliver          | Tpgs | 14.49 |
| J.Hunting                                                                                              | 15.25   | 54.J.Fuller          | Tpgs | 14.49 |
| Fremont had their bus break down, so their JV girls missed the JV race and ran as a second relay team: |         | 55.A.Hugie           | Tayl | 14.50 |
| Fremont B                                                                                              | 1:19:22 | 56.L.MacFarlane      | Pro  | 14.50 |
| B.Charlesworth                                                                                         | 15.01   | 57.L.Wallin          | Dav  | 14.51 |
| T.Oram                                                                                                 | 16.21   | 58.M.Hanks           | Spv  | 14.53 |
| S.Jackson                                                                                              | 15.56   | 59.M.Worsham         | East | 14.54 |
| A.Spencer                                                                                              | 16.04   | 60.D.Neff            | TV   | 14.58 |
| T.Jacobsen                                                                                             | 16.00   | 61.C.Bons            | TV   | 14.59 |
|                                                                                                        |         | 62.M.Brockmeyer      | East | 15.00 |
|                                                                                                        |         | 63.R.Winterton       | Skyl | 15.00 |
|                                                                                                        |         | 64.E.Draper          | Tpgs | 15.01 |
|                                                                                                        |         | 65.C.Weller          | SSHS | 15.04 |
|                                                                                                        |         | 66.A.Quarez          | Morg | 15.05 |
|                                                                                                        |         | 67.A.Christensen     | Spv  | 15.05 |
|                                                                                                        |         | 68.A.Matheson        | PG   | 15.06 |
|                                                                                                        |         | 69.T.Kussee          | Dav  | 15.07 |
|                                                                                                        |         | 70.C.Cloward         | Dav  | 15.08 |
|                                                                                                        |         | 71.N.Lye             | AF   | 15.09 |
|                                                                                                        |         | 72.M.Kiser           | Tooe | 15.12 |
|                                                                                                        |         | 73.J.Sharp           | Skyl | 15.16 |
|                                                                                                        |         | 74.S. ?rora          | Tpgs | 15.16 |
|                                                                                                        |         | 75.T.Ure             | RHS  | 15.17 |
|                                                                                                        |         | 76.M.Pay             | ALA  | 15.17 |
|                                                                                                        |         | 77.B.Lingman         | RHS  | 15.19 |
|                                                                                                        |         | 78.H.Gardner         | Tayl | 15.22 |
|                                                                                                        |         | 79.H.Burt            | Lehi | 15.23 |
|                                                                                                        |         | 80.Z.Guinard-Bachman | Skyl | 15.24 |
|                                                                                                        |         | 81.A.Kamm            | Skyl | 15.24 |
|                                                                                                        |         | 82.L.Bigelow         | SSHS | 15.25 |
|                                                                                                        |         | 83.K.Stray           | PC   | 15.25 |
|                                                                                                        |         | 84.K.Landrey         | Jor  | 15.26 |
|                                                                                                        |         | 85.E.Mendenhall      | RHS  | 15.28 |
|                                                                                                        |         | 86.A.Williams        | PC   | 15.30 |
|                                                                                                        |         | 87.M.Nichols         | JM   | 15.31 |
|                                                                                                        |         | 88.C.Brown           | CH   | 15.32 |
|                                                                                                        |         | 89.M.Dickey          | JHS  | 15.33 |
|                                                                                                        |         | 90.K.Lifferth        | Spv  | 15.34 |
|                                                                                                        |         | 91.M.Wood            | CH   | 15.36 |
|                                                                                                        |         | 92.S.Clark           | Spv  | 15.38 |
|                                                                                                        |         | 93.L.Wygant          | Pro  | 15.39 |
|                                                                                                        |         | 94.G.Bentley         | AF   | 15.40 |
|                                                                                                        |         | 95.E.Porter          | PG   | 15.41 |
|                                                                                                        |         | 96.K.Clark           | WX   | 15.42 |
|                                                                                                        |         | 97.S.Olsen           | Hill | 15.45 |
|                                                                                                        |         | 98.C.Orr             | PC   | 15.45 |
|                                                                                                        |         | 99.H.Burr            | Tpgs | 15.46 |
|                                                                                                        |         | 100.A.Alverson       | Tooe | 15.47 |
|                                                                                                        |         | 101.E.Eshleman       | JM   | 15.47 |
|                                                                                                        |         | 102.M.Proctor        | Nsan | 15.47 |
|                                                                                                        |         | 103.E.Trout          | StJo | 15.48 |

### **Girls J.V. Results**

|                  |      |       |
|------------------|------|-------|
| 1.A.Moser        | RHSM | 13.17 |
| 2.A.Haertwl      | Jor  | 13.28 |
| 3.S.Burt         | Jor  | 13.29 |
| 4.C.Johnson      | Dav  | 13.32 |
| 5.G.Gorelick     | PC   | 13.33 |
| 6.J.Deelstra     | BL   | 13.38 |
| 7.A.Fong         | East | 13.43 |
| 8.S.Robinson     | Jor  | 13.44 |
| 9.E.Brooks       | TV   | 13.46 |
| 10.S.Bedford     | Nsan | 13.51 |
| 11.M.Combe       | Skyl | 13.53 |
| 12.D.Brog        | Jor  | 13.56 |
| 13.K.Valentine   | Dav  | 13.56 |
| 14.J.Mazeika     | PG   | 14.01 |
| 15.E.White       | Skyl | 14.03 |
| 16.M.Harward     | AF   | 14.04 |
| 17.T.Clifford    | Pro  | 14.06 |
| 18.K.Wentz       | AF   | 14.06 |
| 19.J.Argyle      | RHS  | 14.07 |
| 20.H.Brown       | TV   | 14.07 |
| 21.A.Davis       | JHS  | 14.10 |
| 22.A.Fordham     | Pro  | 14.11 |
| 23.B.Hanson      | ALA  | 14.14 |
| 24.A.Lewis       | AF   | 14.14 |
| 25.K.Curtis      | Nsan | 14.15 |
| 26.J.Surfley     | Skyl | 14.18 |
| 27.H.Carr        | Nsan | 14.19 |
| 28.M.Park        | RHS  | 14.20 |
| 29.K.Bradfield   | JHS  | 14.20 |
| 30.E.Christensen | Dav  | 14.20 |
| 31.A.Hart        | Tpgs | 14.20 |
| 32.M.Reid        | Jor  | 14.21 |
| 33.N.Espino      | Jor  | 14.27 |

|                         |       |       |                                                                                                        |      |       |
|-------------------------|-------|-------|--------------------------------------------------------------------------------------------------------|------|-------|
| 104.C.Romero            | JM    | 15.49 | 173.E.Scott                                                                                            | CH   | 17.26 |
| 105.G.Koprak            | PC    | 15.49 | 174.D.Kelly                                                                                            | PC   | 17.28 |
| 106.A.Carter            | Skyl  | 15.51 | 175.D.Peterson                                                                                         | Skyl | 17.30 |
| 107.G.Crisp             | Nsan  | 15.51 | 176.A.Lybbert                                                                                          | Hill | 17.39 |
| 108.A.Gebert            | SF    | 15.52 | 177.R.Lund                                                                                             | Tooe | 17.40 |
| 109.B.Carson            | SF    | 15.55 | 178.S.Rhodes                                                                                           | Pro  | 17.43 |
| 110.A.Edwards           | WX    | 15.57 | 179.S.Hakes                                                                                            | SF   | 17.44 |
| 111.J.Thomson           | Tayl  | 15.59 | 180.S.Ahmadpour                                                                                        | Skyl | 17.45 |
| 112.A.Brown             | Hill  | 16.00 | 181.S.Willis                                                                                           | WX   | 17.46 |
| 113.C.Claybaugh         | Tpgs  | 16.01 | 182.K.Cruz                                                                                             | CH   | 17.46 |
| 114.J.Riddle            | Tpgs  | 16.02 | 183.K.Smith                                                                                            | WX   | 17.50 |
| 115.L.Holden            | Spv   | 16.03 | 184.E.Sullivan                                                                                         | Uin  | 17.51 |
| 116.C.Thomas            | PG    | 16.04 | 185.K.Peterson                                                                                         | Uin  | 17.51 |
| 117.A.Noot              | SSHS  | 16.09 | 186.J.Wheeler                                                                                          | WX   | 17.52 |
| 118.C.Winters           | RHS   | 16.11 | 187.V.Olson                                                                                            | Skyl | 17.53 |
| 119.D.Kay               | Morg  | 16.16 | 188.L.Mercley                                                                                          | CH   | 17.54 |
| 120.G.Garfield          | East  | 16.17 | 189.A.Christopherson                                                                                   | Tooe | 17.59 |
| 121.S.Duerden           | Morg  | 16.21 | 190.C.Hansen                                                                                           | Spv  | 18.00 |
| 122.S.Snyder            | SSHS  | 16.21 | 191.K.Gates                                                                                            | Tooe | 18.10 |
| 123.A.Palmer            | Tooe  | 16.21 | 192.E.Adair                                                                                            | Tooe | 18.11 |
| 124.M.Lewis             | Lehi  | 16.25 | 193.K.Stemmons                                                                                         | ALA  | 18.14 |
| 125.J.Crandel           | SF    | 16.25 | 194.M.Bush                                                                                             | JM   | 18.19 |
| 126.J.Fisher            | PC    | 16.26 | 195.D.Ure                                                                                              | CH   | 18.20 |
| 127.K.McMinimee JM      | 16.27 |       | 196.M.Lindstrom                                                                                        | Dav  | 18.21 |
| 128.L.Watson            | JM    | 16.27 | 197.L.Boekweg                                                                                          | Nsan | 18.28 |
| 129.J.Terran            | PC    | 16.28 | 198.S.Klebba                                                                                           | JM   | 18.35 |
| 130.K.Lehman            | Skyl  | 16.28 | 199.C.Leavitt                                                                                          | RHS  | 18.35 |
| 131.L.Meinhart          | SF    | 16.29 | 200.C.Baird                                                                                            | PG   | 18.36 |
| 132.M.Brown             | Was   | 16.30 | 201.M.Bangeter                                                                                         | Tooe | 18.44 |
| 133.A.Hall              | RHS   | 16.34 | 202.S.Cook                                                                                             | WX   | 18.46 |
| 134.J.King              | East  | 16.35 | 203.M.Lohse                                                                                            | East | 18.59 |
| 135.E.Frenzel           | PG    | 16.37 | 204.T.Gagnon                                                                                           | PC   | 19.02 |
| 136.L.Hubley            | WX    | 16.38 | 205.C.Adams                                                                                            | Tooe | 19.08 |
| 137.J.McDonald          | WX    | 16.38 | 206.E.McCluskey                                                                                        | CH   | 19.08 |
| 138.M.Mollinet          | Nsan  | 16.38 | 207.K.Abplanalp                                                                                        | Uin  | 19.12 |
| 139.J.Lowe              | SF    | 16.41 | 208.H.Brimhall                                                                                         | Skyl | 19.12 |
| 140.L.Barney            | TV    | 16.42 | 209.C.Mack                                                                                             | East | 19.13 |
| 141.L.Bennion           | Skyl  | 16.43 | 210.S.Shepherd                                                                                         | East | 19.25 |
| 142.S.merrill           | LP    | 16.47 | 211.A.Taylor                                                                                           | East | 19.26 |
| 143.H.Stokes            | WX    | 16.50 | 212.P.Moreley                                                                                          | LP   | 19.27 |
| 144.H.Dudley            | RHS   | 16.51 | 213.L.Brough                                                                                           | Dav  | 19.30 |
| 145.N.Whaline           | RHS   | 16.52 | I have misplaced the sheet of paper that had the last 11 names on it. If I find it, I ll'email it out. |      |       |
| 146.M.Durtschi          | Dav   | 16.53 | Thanks for coming.                                                                                     |      |       |
| 147.L.Burke             | PG    | 16.55 | Timo                                                                                                   |      |       |
| 148.B.Sumsion           | Dav   | 16.55 |                                                                                                        |      |       |
| 149.M.Lott              | Dav   | 16.58 |                                                                                                        |      |       |
| 150.P.Carey             | WX    | 16.58 |                                                                                                        |      |       |
| 151.J.Kriser            | Spv   | 16.58 |                                                                                                        |      |       |
| 152.S.Blake             | RHS   | 16.59 |                                                                                                        |      |       |
| 153.E.Penrod            | Tooe  | 17.03 |                                                                                                        |      |       |
| 154.B.Peahl             | Nsan  | 17.04 |                                                                                                        |      |       |
| 155.J.Stone             | SF    | 17.04 |                                                                                                        |      |       |
| 156.A.Lewis             | AF    | 17.07 |                                                                                                        |      |       |
| 157T.Brown              | Spv   | 17.14 |                                                                                                        |      |       |
| 158.H.Fordham           | Pro   | 17.17 |                                                                                                        |      |       |
| 159.C.Ahlstrom          | Tooe  | 17.17 |                                                                                                        |      |       |
| 160.M.Ahlstrom          | Tooe  | 17.18 |                                                                                                        |      |       |
| 161.S.Stack             | East  | 17.19 |                                                                                                        |      |       |
| 162.H.Millson           | East  | 17.19 |                                                                                                        |      |       |
| 163.A.Kelly             | PC    | 17.19 |                                                                                                        |      |       |
| 164.J.Gaffney           | JM    | 17.20 |                                                                                                        |      |       |
| 165.J.Kemp              | Tooe  | 17.20 |                                                                                                        |      |       |
| 166.R.Oudekirk          | Pro   | 17.21 |                                                                                                        |      |       |
| 167.A.Chavez            | RHS   | 17.22 |                                                                                                        |      |       |
| 168.M.Lau               | East  | 17.24 |                                                                                                        |      |       |
| 169.B.Finlay            | RHS   | 17.24 |                                                                                                        |      |       |
| 170.M.Brimhall          | CH    | 17.24 |                                                                                                        |      |       |
| 171.C.Brinkerhoff       | CH    | 17.24 |                                                                                                        |      |       |
| 172.C.Brinkerhoff       | Uin   | 17.25 |                                                                                                        |      |       |
| 172.E.Christiansen Tooe |       | 17.25 |                                                                                                        |      |       |